

August 15, 1992

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RE: AUGUST 8, 1992 CHICAGO TRIBUNE ARTICLE HEADLINED "MYSTERY ILLS HAUNT SOME GULF VETS. PENTAGON VA DOCTORS STYMIED BY CAUSE OF AILMENT."

Dear Committee:

The doctors may be stymied by these "mystery ills," but there are those of us who are not stymied and do not consider them a mystery. Over the past 26 years, I have personally suffered from and have met and personally heard from thousands of patients experiencing symptoms similar to those reported suffered by Desert Storm veterans.

In my April 4, 1991 letter to General Norman Schwarzkopf (copy enclosed), I tried to warn him of this pending health problem.

In the April 16, 1991 letter of response (copy enclosed), Dr. James D. Bales, Jr. stated that various tests have shown "certain toxic gases to be within the U.S. Ambient Air Standard." Apparently the U. S. Ambient Air Standard leaves much to be desired in view of this outbreak.

REASON SYMPTOMS DON'T MATCH TEXTBOOK DIAGNOSIS

Frequently foreign substances, in this case toxins encountered in Desert Storm, enter the blood stream by ingestion (drinking of oil-contaminated water), by inhalation (the smoke of burning oil), and/or by absorption (the skin's contact with oil). The blood can carry the toxins to several different organs of the body; this causes mimicking of diseases of multiple organs and/or body systems.

AVAILABLE DIAGNOSIS

Physicians board certified in Environmental Medicine (EM), have been successfully using tests (blood, inhalation, and/or injection) to determine cause and effect of multiple toxins.

SUCCESSFULLY TREATED CASES

In my latest book, my co-author and I cite thousands of cases of patients suffering from the same-type of complaint experienced by the Desert Storm veterans: that of a tugboat captain suffering from petroleum poisoning acquired in the Exxon Valdez cleanup and of a fireman injured by smoke inhalation.

THEIR TREATMENT

Physicians board certified in EM used a heat chamber chemical depuration program. This detoxification process consists of: a low-heat sauna treatment; the use of oxygen when necessary; nutritional supplementation; training to minimize chemical exposure in the environment, food, and water; and intravenous therapy to enhance the breakdown and removal of chemicals from the blood and fatty tissues.

SUGGESTIONS TO ARMY PHYSICIANS

Rather than reinventing the wheel, I would suggest that before you spend money investigating the problem you consult the EM board-certified specialists who are directors of detoxification centers and have been working with this problem for years: In Dallas, TX, William Rea, M.D., Board Certified in Surgery, Thoracic Surgery, and Environmental Medicine; Past President of the American Academy of Environmental Medicine; and the first World Professor of EM at the Robens Institute of Toxicology, University of Surrey, Guildford, England.

In N. Charleston, SC, Allan Lieberman, M.D., Board Certified in Pediatrics and Environmental Medicine; the current President of the American Board of Environmental Medicine, the medical organization that oversees the training, testing, and certification in EM.

PREVENTION OF A POTENTIAL TIME BOMB

The treachery of this illness involves what EM specialists refer to as "overload" resulting from the accumulation of physical stress (toxic chemicals, etc.) and emotional stress. The time it takes for the onset of this illness depends on many things, including: General condition, previous exposure, emotional and stress levels when exposed to toxins, genetic factors, condition of the body's immune system.

Steps therefore need to be taken to avoid more victims.

MY PERSONAL EXPERIENCE

Before there were many doctors knowledgeable in the field of EM, I developed my own program to recover from this frightening, life-threatening illness so that I could return to a productive life. I would consider it a privilege to share my knowledge in preparing a training program.

Sincerely,

Natalie Golos

ENC: letter to General Schwarzkopf in response to letter describing successful treatment.

CC: President Bush
Governor Clinton
Senator Nunn
Senator Gore
American Legion
Support Groups of
Desert Storm Veterans